

The purpose of 'A Vision for the Future' is primarily to present a view of a possible future particularly for younger generations. Young people - whether you call them millennial or indigo, or simply the evolution of the human species - have attitudes, beliefs and abilities which are very different to many of the generations which have preceded them. This book is also for the many people who are young in their energy if not their years, who are asked to play the important role of mentor, to establish the elder wisdom to help guide those who are younger in years and experience.

There is a wealth of young people in the world who possess intelligence, resilience, progressive thinking, and innate gifts of intuition, compassion and adaptability. Many have an intuitive respect for the Earth, animals and plants; and understand that to sustain life on this planet we need to nurture it. They are focused on being in their truth and they aspire to live life to their own values.

Their main challenge is to overcome the hopelessness and disempowerment they feel living in the world as it is currently; and finding their way forward to achieve what they know to be possible, and to finding the motivation and the purpose to allow this. This book presents ideas for them to consider and is an outline of possibilities for the future, as well as informing them of some important basic points.

'A Vision for the Future' is also written to impart information; to present alternative ways of thinking and being; and to provide uplifting and reassuring ideas for the way we live our lives.

My hope is that this book provides both food for thought and for action. That it releases and activates purpose in people who read it, to help them stand in their truth and to live their truth; to give them hope for the future that they can help to create.

Donna Kennedy

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